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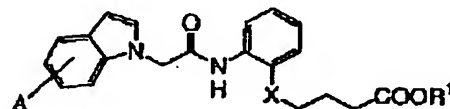
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(57) Abstract:

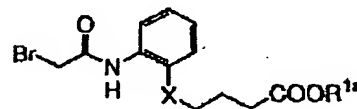
PURPOSE: To obtain a new compound having steroid 5 α -reductase-inhibiting action and useful for treating prostatic hypertrophy, prostate cancer and acne.

CONSTITUTION: A compound of formula I (R^1 is H or lower alkyl; A is NO_2 or BR^2 [BR^2 is $CONHR^2$, $COOR^2$ or OR^2 ; R^2 is H, CHR^3 or R^4 (R^3 and R^4 are each H, an alkyl or an aryl)]; X is O or $S(O)_n$; (n) is 0-2) or its salt, e.g. 4-{2-[[5-nitroindol-1-yl]acetyl]amino]phenoxy}lactic acid ethyl. The compound of formula I is obtained by reacting a compound of formula II (R^{1a} is a lower alkyl) with a compound of formula III in the presence of a base (e.g. potassium tert-butyrate) in a solvent (e.g., dimethylformamide) at $^\circ C$ to a boiling point of the solvent for 0.5-6 hr. The compound of formula I is administered at a daily dose of 1mg to 1g/adult in the case of oral administration, at a daily dose of 0.1-100mg in the case of parenteral administration, e.g. intravenous administration and at a daily dose of 10mg to 100mg in the case of dermal administration.

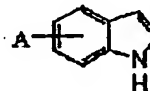
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I



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